

# Inpatient Rehabilitation at Weiss Memorial Hospital

*Closer to home, one step at a time*



The inpatient rehabilitation unit at Weiss Memorial Hospital offers a comprehensive inpatient rehabilitation program and services to patients who have suffered functional loss due to a disabling illness or injury. Our goal is to improve a patient's ability to provide self-care and to teach the patient and family how to cope and adapt to changes in their lives resulting from impairments in mobility, safety, communication, cognition, and/or swallowing.

People come to us with many different conditions and one desired outcome: they want committed partners who can help them go back to a life of maximum independence. Our patient care is constantly monitored to achieve optimal outcomes and promote the highest degree of satisfaction.

## PROGRAM AT A GLANCE

- Patients are scheduled to receive 3 hours of therapy at least 5 days a week.
- The team provides extensive patient, family and/or caregiver training.
- Our evidence-based practices are utilized in order to ensure better patient outcomes and excellent patient satisfaction.

## PATIENTS TREATED INCLUDE:

- **Neurological patients:** acute stroke, Parkinson's, MS, brain injury/anoxia/encephalopathy, spinal cord – stenosis
- **Orthopedic patients:** hip fractures, joint replacement over 85, bilateral joint replacements, and joint replacement with history of neurological event
- Amputees
- Deconditioned and medically complex patients

## Acute Rehabilitation Patient Requirements

- Patient must be medically stable yet may have vulnerability to medical complications
- Patient needs to be seen by a physiatrist at least three times per week
- Patient requires nursing interventions and assessment by specially trained rehabilitation nurses
- Patient requires physical, occupational and/or speech therapy
- Patient must be 18 or older
- Program accepts patients requiring specialized care for tracheostomies, feeding tubes, wounds, and/or dialysis

## How to Make a Referral

- A written physician's order is required for services.
- Referrals or requests for assessments can be made by contacting an intake coordinator:

Monday-Friday  
773-564-5422  
773-564-5424 fax

## Referral Should Include:

- Demographic sheet
- Physician H&P, progress notes
- Therapy notes
- Labs
- Vitals
- Plan for IV antibiotics
- Anticipated discharge date

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## INTERDISCIPLINARY TEAM APPROACH

Patients admitted to the Inpatient Rehabilitation Unit at Weiss receive interdisciplinary care led by a physiatrist (a physician specializing in physical medicine and rehabilitation). Patients receive coordinated services which may include:

- Dietician
- Nursing
- Occupational Therapy
- Physical Therapy
- Psychology
- Social Work/Case Management Services
- Physiatry
- Speech Therapy

Each patient's primary care physician is encouraged to visit and play an integral role in the rehabilitation process. The inpatient rehabilitation unit at Weiss encourages patients and families to actively participate in the patient's treatment plan and individuals are challenged to demonstrate personal responsibility and gain greater independence. The individualized needs of each patient are discussed and documented in the patient's plan of care. This plan of care is revised with the patient as needed.

## DISCHARGE

Discharge planning begins on the very first day and the goal is for the patient to return to his or her community setting as functionally independent as possible. The social worker can coordinate a physician-prescribed program of continued therapy, arrange for equipment and services needed to further facilitate recovery, in addition to contacting outside agencies which offer public resources and services to meet discharge needs.

## OUTCOME MEASURES

Weiss inpatient rehabilitation unit has a lower average length of stay than regional and national averages, along with better Functional Independence Measures (FIM) at discharge. The unit also works to ensure consistent patient experience scores above 95%.

FISCAL YEAR 2014		
MEASURE	WEISS	REGION
Average LOS	10.9	12.2
Functional Independence Measures Change	27.3	27.2
Discharge Functional Independence Measures	92.2	89.4
Average Age	72.0	69.4
Onset Days	7.5	10.5



Weiss Memorial Hospital's location provides easy access to public transportation with buses that stop in front of the hospital. The Wilson and Lawrence train stations on the Chicago Transit Authority (CTA) Red Line are only four blocks from the hospital. The hospital also has an adjacent parking garage and valet parking is available.

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4646 N. Marine Drive, Chicago, IL 60640

[weisshospital.com](http://weisshospital.com)

